



SIMPLOT

# 221191 - Mango Cube Iqf

\*Naturally sweet, bright color and delicious tropical flavor. \*No sugar added, allows more serving options. \*Easy preparation; thaw and use just like raw product.



### \* Benefits

## Nutrition Facts

Servings per Container 37  
Serving size 3/4cup(123g)

Amount per serving  
**Calories 80**

% Daily Value\*

Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	19g	7%
Dietary Fiber	1g	4%
Total Sugars	33g	
Includes Added Sugar		%

**Protein 1g**

Vitamin D		%
Calcium		0%
Iron		0%
Potassium		%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Mango.

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

2/5#

### Serving Suggestions

Trending ingredient in smoothies and cocktails. Great for desserts, breakfast items, salsas, salads and more. Versatile for breakfast, lunch or dinner applications.

### Prep & Cooking Suggestions

Thaw under refrigeration and serve. For best results, serve/use slightly frozen.

### Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Doilies & Coasters

MFG #	SPC #	GTIN	Pack	Pack Desc.
035084	221191	10071179035084	2	2/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.75lb	10lb	CHL		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.58in	9.4in	7.32in	0.42ft3	10x3	0DAYS	0°F / 32°F



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### Nutrition Analysis - By Serving

Calories	80	Total Fat	0.5g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	
Total Carbohydrates...	19g	Saturated Fat	0g	Iron	
Sugars	33g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

