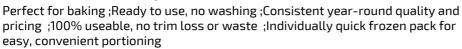


SIMPLOT

221193 - Blueberry Whole Iqf







* Benefits

Ingredients	▲ Allergens
BLUEBERRIES.	Free From: Crustaceans mollusks eggs fish milk peanuts sesame soy tree nuts wheat

Nutrition Facts

Servings per Container 65 Serving size 1cup(140g)

Amount per serving

Calories	80
% C	Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
* The O/ Deily Value (DV) telle year house	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen 0F or below

Serving Suggestions

Makes a quick and elegant topping for desserts. Great for pancakes, muffins and other baking applications. Just thaw--then serve over salads. Excellent ingredient for signature smoothies and cocktails. Versatile for breakfast, lunch and dinner applications.

Prep & Cooking Suggestions

Thaw and Serve Food Safety Statement: KEEP FROZEN UNTIL READY TO USE. IF THAWED, DO NOT REFREEZE. THAW AND SERVE.

Product Specifications

Brand	Manufacturer		
SIMPLOT	JR SIMPLOT CALDWELL ID.		

MFG #	SPC #	GTIN	Pack	Pack Desc.
19900	221193	10071179199007	1	1/20#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	20lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.12in	12.12in	7.37in	0.83ft3	15x5	0DAYS	0°F / 32°F





SIMPLOT

221193 - Blueberry Whole Iqf



Perfect for baking ;Ready to use, no washing ;Consistent year-round quality and pricing ;100% useable, no trim loss or waste ;Individually quick frozen pack for easy, convenient portioning

Nutrition Analysis - By Serving

Calories	80	Total Fat	1g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	17g	Saturated Fat	0g	Iron	0mg
Sugars	12g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	4g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images













