SIMPLOT

221193 - **Blueberry Whole Iqf**

*Plump, large size for attractive appearance. *No added sugar allows for more versatility in serving options. *Perfect for baking applications. *Product is ready to use, no washing. *Consistent year-round quality and pricing. *100% useable, no trim loss or waste. *IQF pack for easy, convenient portioning.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**65**
Serving size	**1cup(140g)**
Amount per serving	
Calories	**80**
	% Daily Value*
Total Fat 1g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 4g	**14%**
Total Sugars 12g	
Includes Added Sugar	**%**
Protein 1g	
Vitamin D	**%**
Calcium	**0%**
Iron	**0%**
Potassium	**%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

BLUEBERRIES.

Allergens

Free From:

crustaceans, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

1/20#

Serving Suggestions

Makes a quick and elegant topping for desserts. Great for pancakes, muffins and other baking applications. Just thaw--then serve over salads. Excellent ingredient for signature smoothies and cocktails. Versatile for breakfast, lunch and dinner applications.

Prep & Cooking Suggestions

Do not overthaw. Always show with a slight amount of internal ice crystals.

Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Vegetable Blends

MFG #	SPC #	GTIN	Pack	Pack Desc.
19900	221193	10071179199007	1	1/20#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	20lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.12in	12.12in	7.37in	0.83ft3	15x1	0DAYS	0°F / 32°F

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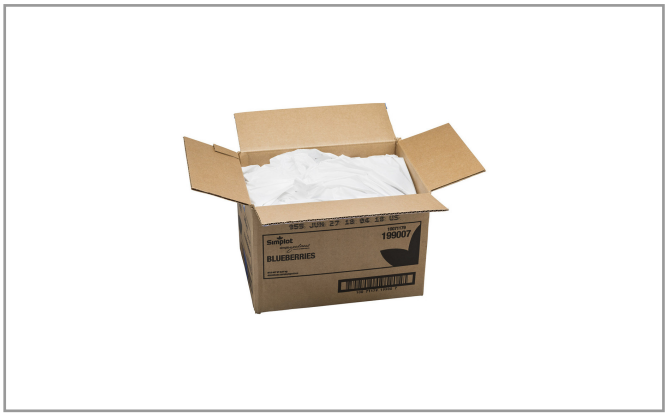
Nutrition Analysis - By Serving

Calories	80	Total Fat	1g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	
Total Carbohydrates•••	17g	Saturated Fat	0g	Iron	
Sugars	12g	Added Sugars		Potassium	
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



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