### 221747 - Potato Mashed Roast Sweet Pulp S/O





#### \* Benefits

\*Made exclusively from roasted sweet potatoes for delicious caramelized sweetness. An all-natural base for a custom savory or sweet creation. \*Natural potato flavor and scratch-made quality. \*Hold up to 2 hours in a steam table. \*Just heat and serve in a convenient prep-in-bag package. \*Reduces waste - longer shelf life.

Ingredients	▲ Allergens
Roasted Sweet Potato	Free From:    Continue   Continue

# **Nutrition Facts**

Servings per Container 87 Serving size 4.4oz(123g/about1/2cup)

# Amount per serving Calories

100

<u>Gaiorics</u>	100
9/	6 Daily Value*
Total Fat 0g	%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 22g	8%
Dietary Fiber	%
Total Sugars 12g	
Includes Added Sugar	%
Protein 2g	
Vitamin D	%
Calcium	4%
Iron	%
Potassium	%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **Handling Suggestions**

FROM THAWED: Steam: 12-15 min. Combi: 100%/212F/10-13 min. Boil: 11-14 min. Microwave: High/11-14 min. Convection: 350F/25-28 min. FROM FROZEN: Steam: 15-18 min. Combi: 100%/212F/15-18 min. Boil: 13-16 min. Microwave: High/18-21 min.

#### **Serving Suggestions**

Just heat and serve in a convenient prep-in-bag package.

#### Prep & Cooking Suggestions

Just heat and serve in a convenient prep-in-bag package. STOVE TOP: Boil a large pot of water. Place thawed bag of sweet potato pulp in boiling water. Boil in bag for 11 minutes. Remove with tongs, stir, and serve. CONVECTION OVEN: 325F for 20 minutes if thawed. Cooking from frozen is not recommended. Preheat oven. Coat half-size hotel pan with non-stick spray. Remove potatoes from bag, arrange thawed potatoes in pan. Cover with lid or foil. Stir before serving. Note: Ideal serving temperature is 190F.

# Product Specifications

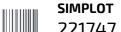
Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Vegetables, Canned & Frozen

MFG #	SPC#	GTIN	Pack	Pack Desc.
034520	221747	10071179034520	12	12/2#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
26LB	24LB	US		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
0in	0in	0in	0.51cf	12x1	0days	0°f / 32°f	





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#### **Nutrition Analysis**

Calories	100	Total Fat	0g	Sodium	30mg
Protein	2	Trans Fats	0g	Calcium	
Total Carbohydrates	22g	Saturated Fat	0g	Iron	
Sugars	12g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

# Additional Images



