



SIMPLOT

221758 - Vegetable Blend Chuckwagon S/O

Flavorful blend of super sweet corn, onion, green and red bell peppers; Reduces costly labor just heat and serve; Individually quick frozen for easy portioning; 100% useable, no trim, loss or waste



Nutrition Facts

Servings per Container 120
Serving size 2/3cup(94g)

Amount per serving
Calories 70

% Daily Value*

Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	13g	5%
Dietary Fiber	2g	7%
Total Sugars	7g	
Includes Added Sugar	0g	0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	172mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

CORN, ONION, GREEN BELL PEPPER, RED BELL PEPPER.

Allergens

Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

12/2 lb.

Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Vegetable Blends

MFG #	SPC #	GTIN	Pack	Pack Desc.
87523	221758	10071179187523	12	12/32 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.5lb	24lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.6in	10.1in	9in	0.72ft3	8x2	0DAYS	0°F / 32°F

Serving Suggestions

Versatile and bursting with flavor, this blend can be an eye-catching side or a delicious ingredient for soups, pastas, salsa and more.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. **STOVE TOP**1. Bring 5 quarts of water to a boil on HIGH.2. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed. **STEAMER**1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan.2. Steam for 4 minutes. **MICROWAVE** (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 2 tbsp of water and cover.3. Cook on HIGH for 14 minutes, stirring halfway through cook time.



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Nutrition Analysis - By Serving

Calories	70	Total Fat	1.5g	Sodium	0mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	13g	Saturated Fat	0g	Iron	0mg
Sugars	7g	Added Sugars	0g	Potassium	172mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

