



**FLOWERS**

**222096 - Bread Wheatberry Thick Sliced**

Thick 5/8" sliced wheatberry deli-style loaf bread makes big sandwiches. Slightly sweet wheat taste is very popular. Fully baked, thaw and serve.



**\* Benefits**

# Nutrition Facts

Servings per Container **152**  
Serving size **1PC (54g)**

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 270mg	<b>12%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 5g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 5g	
Vitamin D	<b>%</b>
Calcium	<b>8%</b>
Iron	<b>10%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BULGAR WHEAT, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN SYRUP, WHEAT BRAN, HONEY, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, RAISIN JUICE CONCENTRATE, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL-2-LACTYLATE, MONO- AND DIGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, AZODICARBONAMIDE), CALCIUM SULFATE, SOY LECITHIN, WHEAT FLOUR, ENZYMES, CALCIUM PROPIONATE (TO RETARD SPOILAGE), MAY BE TOPPED WITH OATS

### Allergens

**Contains:**

soy wheat

**Free From:**

crustaceans eggs fish milk  
 peanuts tree nuts

### Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

### Serving Suggestions

Thick sliced wheatberry bread is a great platform for big sandwiches of all types. Also great toasted at breakfast. Diners, casual dining, sandwich shops or B&I sandwich and more menu this product.

### Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

### Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	FLOWERS FOODS SPECIALTY	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
40082390	222096	10075361010736	8	8/36 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	18lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
24.62in	15.5in	10.75in	2.37ft3	5x3	0DAYS	0°F / 32°F



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### Nutrition Analysis - By Serving

Calories	150	Total Fat	2g	Sodium	270mg
Protein	5	Trans Fats	0g	Calcium	
Total Carbohydrates...	30g	Saturated Fat	0.5g	Iron	
Sugars	5g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

