



FLOWERS

222123 - Bun Hamburger Wg Sliced 3.5 Inch

3.5" Hamburger bun is made with whole grains to meet the USDA standards for schools. 1 bun = 2 bread/grain servings.



* Benefits

Ingredients

WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:, SOYBEAN OIL , SALT, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID), YEAST, CALCIUM SULFATE, GUAR GUM, CALCIUM PHOSPHATE, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

⚠ Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish milk
 peanuts sesame tree nuts

Nutrition Facts

Servings per Container 120
Serving size 1BUN (57g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes Added Sugar	%
Protein 5g	
Vitamin D	%
Calcium	4%
Iron	8%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 4-5 days.

Serving Suggestions

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

✏ Product Specifications

Brand		Manufacturer			Product Category	
FLOWERS		FLOWERS FOODS SPECIALTY			Bread, Baked & Parbaked	
MFG #		SPC #	GTIN		Pack	Pack Desc.
99832050		222123	00070210032054		10	120/2 OZ
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
17.12lb		15lb	USA			No
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
22.37in	19.37in	8.75in	2.19ft3	4x6	270DAYS	0°F / 32°F



FLOWERS

222123 - Bun Hamburger Wg Sliced 3.5 Inch

3.5" Hamburger bun is made with whole grains to meet the USDA standards for schools. 1 bun = 2 bread/grain servings.



Nutrition Analysis - By Serving

Calories	140	Total Fat	2g	Sodium	300mg
Protein	5	Trans Fats	0g	Calcium	
Total Carbohydrates...	27g	Saturated Fat	0g	Iron	
Sugars	4g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

