



**FLOWERS**

**222124 - Bun Hot Dog Wg Sliced 6 Inch**

6" hot dog bun is make with whole grains to meet the USDA standards for schools. 1 bun = 2 bread/grain servings. Fully baked. Thaw and serve.



**\* Benefits**

# Nutrition Facts

**Servings per Container** 144  
**Serving size** 1BUN (57g)

**Amount per serving**  
**Calories** 150

	% Daily Value*
<b>Total Fat</b> 2g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 300mg	<b>13%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 4g	
Includes Added Sugar	<b>%</b>

<b>Protein</b> 5g	
Vitamin D	<b>%</b>
Calcium 36mg	<b>3%</b>
Iron 1.5mg	<b>8%</b>
Potassium 100mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID), YEAST, CALCIUM SULFATE, GUAR GUM, CALCIUM PHOSPHATE, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

### Allergens

**Contains:**

soy wheat

**Free From:**

crustaceans eggs fish milk  
 peanuts sesame tree nuts

### Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

### Serving Suggestions

6" Hot Dog Bun made with 51% whole grains. Developed to meet a K12 USDA requirements. Standard size hot dog bun works for most wieners or sausages. No HFCS. 1 bun = 2 bread/grain servings

### Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

### Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	FLOWERS FOODS SPECIALTY	Bread, Baked & Parbaked

MFG #	SPC #	GTIN	Pack	Pack Desc.
99828820	222124	00070210028828	12	144/1.33 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16lb	12lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
24.38in	18.38in	7.75in	2.01ft3	4x5	270DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	150	Total Fat	2g	Sodium	300mg
Protein	5	Trans Fats	0g	Calcium	36mg
Total Carbohydrates...	27g	Saturated Fat	0g	Iron	1.5mg
Sugars	4g	Added Sugars		Potassium	100mg
Dietary Fiber	2g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

