



FLOWERS

222128 - Bun Hoagie Wg * Sliced 5 Inch S/O

5" Hoagie bun is made with whole grains to meet the USDA standards for K12 schools. 1 bun = 2 bread/grain servings. Fully baked. Thaw and serve.



*** Benefits**

Nutrition Facts

Servings per Container **120**
Serving size **1BUN (57g)**

Amount per serving
Calories 150

	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 28g	10%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes Added Sugar	%

Protein 6g	
Vitamin D	%
Calcium 40mg	3%
Iron 1.6mg	9%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: YEAST, SOYBEAN OIL, SALT, CALCIUM SULFATE, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES, MONO- AND DIGLYCERIDES, DISTILLED MONOGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, ENZYMES, ASCORBIC ACID), CALCIUM PROPIONATE (TO RETARD SPOILAGE), TOPPED WITH YELLOW CORN MEAL

Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish milk
 peanuts sesame tree nuts

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

Serving Suggestions

5" Whole grain soft hoagie bun for K12 menus. Use for any sandwich application - chicken, fish, BBQ, deli sandwiches. Fully sliced.

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	FLOWERS FOODS SPECIALTY	

MFG #	SPC #	GTIN	Pack	Pack Desc.
99808410	222128	00070210084107	10	120/2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
18.69lb	15.62lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.19in	19.19in	8.56in	2.21ft3	3x4	270DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	150	Total Fat	2g	Sodium	310mg
Protein	6	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	28g	Saturated Fat	0g	Iron	1.6mg
Sugars	4g	Added Sugars		Potassium	100mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

