



Nutrition Facts

Serving Size: 54

Number of Servings per 144

Amount Per Serving

Calories: 150 Calories from Fat: 10

% Daily Value*

Total Fat 1.5 g 2%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 240 mg 10%

Total Carbohydrate 31 g 10%

Dietary Fiber 2 g 10%

Sugars 6 g %

Protein 5 g %

Vitamin A	Per Srv	0%	Vitamin C	Per Srv	0%
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Calcium	2%	Iron	10%
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*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

* Benefits

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, WHEAT BRAN, YEAST, SUGAR CANE SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHOLE WHEAT, WHEAT GLUTEN, YELLOW CORN MEAL, SOYBEAN OIL, SALT, RYE FLOUR, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN OIL AND/OR COTTONSEED OIL), HONEY, CALCIUM STEAROYL LACTYLATE, SODIUM STEAROYL LACTYLATE, CALCIUM PEROXIDE, MOLASSES, CALCIUM SULFATE, SOY LECITHIN, AZODICARBONAMIDE, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish dairy
 peanuts tree nuts

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 4-5 days.

Serving Suggestions

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	Flowers Foods Specialty	Bread, Specialty & Unslcd

MFG #	SPC #	GTIN	Pack	Pack Desc.
40021600	222163	10075361022067	6	72/3.8 OZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
19.75 lb	17.32 lb	No	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
25.25 in	14.87 in	10 in	2.17 ft3	5x3	270 DAYS	0°F / 32°F



Flowers Foods Specialty

222163 - Bread Wheat Table Loaf Unslcd S/O

7" wheat loaf has a light touch of honey flavor. Heat before serving for full flavor.



Nutrition Analysis

Calories	150 kcal	Total Fat	1.5 g	Sodium	240 mg
Protein	5 g	Trans Fats	0 g	Calcium	
Total Carbohydrates***	31 g	Saturated Fat	0 g	Iron	
Sugars	6 g	Polyunsaturated Fat		Potassium	
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

