

### SIMPLOT 223099 - Potato\*Dnr\*Sweet Potato Gem

Bake or fry convenience; Meet consumer's desire for healthier menu choices; Exceptionally versatile across the menu and cuisine types; Great second fry alternative; Excellent source of Vitamin A, naturally cholesterol free, and 0g trans fat per serving

# **Nutrition Facts**

SGCFOODSERVICE

	Servings per Container 80 Serving size3oz(84g/about10pcs)			
		Amount per serving Calories	90	
and the second		% Dai	ly Value*	
		Total Fat 2.5g	3%	
		Saturated Fat 0g	0%	
		Trans Fat 0g		
		Cholesterol 0mg	0%	
<b>★</b> Benefits		Sodium 250mg	11%	
		Total Carbohydrate 17g	6%	
		Dietary Fiber 3g	11%	
		Total Sugars 8g		
		Includes 1g Added Sugar	2%	
Ingredients	Allergens	Protein 1g		
		Vitamin D 0mcg	0%	
SWEET POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, AND/OR	Free From:	Calcium 0mg	0%	
SUNFLOWER), DEHYDRATED	(S) crustaceans (S) mollusks (O) eggs	Iron 0.4mg	2%	
POTATO, SUGAR, CORN STARCH, RICE FLOUR, SALT, SODIUM	fish (f) milk (f) peanuts (b) sesame	Potassium 320mg	7%	
ALGINATE, TO PROTECT NATURAL COLOR (CITRIC ACID, ASCORBIC ACID, DISODIUM DIHYDROGEN PYROPHOSPHATE).	soy (()) tree nuts ()) wheat	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.		

#### Handling Suggestions

Pack Size: 6/2.5 lb. Net Weight: 15 lb. Gross Weight: 17 lb. Case Cube: .74 Cases/Layers: 9/11

### Serving Suggestions

Sweet Home BBQ - Looking to give your chicken or ribs some southern flare? Couple savory BBQ with Simplot Sweets Gems, the perfect side to dip in BBQ sauce. They're called SWEETS for a Reason - Bake Simplot Sweets Gems topped with cinnamon-sugar and candied nuts. Serve with flavored dipping sauces for an irresistible dessert! Pile on the Flavor -Complement the unique flavor of the sweet potato with bacon, Gorgonzola, green onions and sour cream or create your own signature combination.

## Prep & Cooking Suggestions

Food Safety Statement: Deep Fryer:345F, 2-2 minutes, Fill fryer basket no more than half full. Do not overcook. Convection Oven:350F, 15-18 minutes, Line Sheet pans with parchment paper or foll coated with nonstick spray. Arrange sweet potatoes in a single layer on sheet pans. Turn as needed for even browning. Standard Oven:400F, 18-24 minutes, Line sheet pans with parchment paper or foll coated with non-stick Arrange sweet potatoes in a single layer on sheet pans. Turn as needed for even browning. Combit Oven:375F, 11-16 minutes, Fan 75%, Steam 0%. Line sheet pans with parchment paper or foll coated with non-stick spray. Arrange sweet potatoes in a single layer on sheet pans. Turn as needed for even browning.

## Product Specifications

Brand	d V			lanufacturer		Product Category		
SIMPLOT J		JR SI	SIMPLOT CALDWELL ID.			Potatoes, Other		
MFG #	0	SPC #		GTIN	Pa	ack	Pack Desc.	
02436	2	223099		10071179024361		6	6/2.5#	
c								
Gross Weight		Net Weight		Country of Origin	Kos	sher	Child Nutrition	
17lb		15lb		USA			No	
China in a laformation								

Shipping Information								
Length	_ength Width Height		Volume	TIxHI	Shelf Life	Storage Temp From/To		
0in	0in	0in	1ft3	9x6	0DAYS	0°F / 32°F		



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Nutrition Analysis - By Serving

Calories	90	Total Fat	2.5g	Sodium	250mg
Protein	1	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	17g	Saturated Fat	Og	Iron	0.4mg
Sugars	8g	Added Sugars	1g	Potassium	320mg
Dietary Fiber	Зg	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images



