



**CARANDO**  
**223191 - Calzone Meatball S/O**  
 Good source of protein



## Nutrition Facts

Servings per Container  
 Serving size **1 Calzone (170g)**

Amount per serving  
**Calories 600**

	% Daily Value*
<b>Total Fat</b> 37g	<b>57%</b>
Saturated Fat 17g	<b>85%</b>
Trans Fat 1g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 900mg	<b>39%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 4g	
Includes 4g Added Sugar	<b>8%</b>
<b>Protein</b> 20g	
Vitamin D 16.97mcg	<b>85%</b>
Calcium 148.89mg	<b>11%</b>
Iron 3.94mg	<b>22%</b>
Potassium 320mg	<b>7%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

### ⚠ Allergens

#### Contains:

milk soy wheat

#### Free From:

crustaceans eggs fish peanuts  
 sesame tree nuts

### Handling Suggestions

Store and use per package instructions.

### Serving Suggestions

Serve per package instructions

### Prep & Cooking Suggestions

Prepare per package instructions

### 📄 Product Specifications

Brand	Manufacturer	Product Category
CARANDO	SMITHFIELD/FARMLAND	Egg Salad

MFG #	SPC #	GTIN	Pack	Pack Desc.
35171	223191	20076033351710	12	12/6 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.26lb	4.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.88in	10.38in	5.81in	0.48ft3	11x8	240DAYS	0°F / 32°F



Nutrition Analysis - By Serving

Calories	600	Total Fat	37g	Sodium	900mg
Protein	20	Trans Fats	1g	Calcium	148.89mg
Total Carbohydrates...	46g	Saturated Fat	17g	Iron	3.94mg
Sugars	4g	Added Sugars	4g	Potassium	320mg
Dietary Fiber	3g	Polyunsaturated Fat	3.5g	Zinc	
Lactose		Monounsaturated Fat	13g	Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(U)	118.69	Vitamin D	16.97mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0.08mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

 Additional Images

