

## **Seaboard Foods** 229165 - Pork Rib St Louis Style 3.00 Up Dnr

Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. These spareribs are all natural with no additives and are minimally processed. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.



		<b>Nutrition Facts</b>		
	Servings per Container 190 Serving size 4oz (112g)			
	Amount per serving Calories	280		
		% D	aily Value*	
		Total Fat 22g	34%	
		Saturated Fat 9g	45%	
		Trans Fat 0g		
		Cholesterol 65mg	22%	
<b>★</b> Benefits		Sodium 50mg	2%	
		Total Carbohydrate Og	0%	
Great for grilling or smoking USDA approved.		Dietary Fiber 0g	0%	
0 grams of trans fat per serving.		Total Sugars 0g		
Product of the USA.		Includes Added Sugar	%	
Ingredients	🔺 Allergens	Protein 19g		
5		Vitamin D 0mcg	0%	
Pork	Free From:	Calcium Omg	0%	
	crustaceans 🛞 shellfish 🋞 mollusks	Iron Omg	0%	
	eggs () fish () milk () peanuts	Potassium	<u> </u>	
	🛞 sesame 🛞 soy 💮 tree nuts 🍘 wheat	* The % Daily Value (DV) tells you how mu a serving of food contributes to a daily die a day is used for general nutrition advice.	ch a nutrient in t. 2,000 calories	

# Product Specifications

	Manufacturer						
	SEABOARD FOODS						
MFG #	SPC #		GTIN		P	ack	Pack Desc.
4273	229165	9073	6490042	734		12	12/3# AVG
Gross Weight Net Weight C		ht Co	ountry of Origin		Kosher		Child Nutrition
46.47lb	44.57lb		USA				No
Shipping Information							
Length W	/idth Height	Volume	e TIxHI	Shelf I	Life	Stora	ge Temp From/To
23.75in 12	.88in 8.44in	1.49ft3	6x7	28DA	YS		33°F / 39°F

# Prep & Cooking Suggestions

Handling Suggestions

Serving Suggestions

Slice and serve with dry rub

Keep frozen.

seasons.

Preheat oven to 350F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2-2 hours until tender. Let rest for 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.



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Nutrition Analysis - By Measure

Calories	280	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat	9g	Iron	0mg
Sugars	Og	Added Sugars		Potassium	
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

#### Additional Images



