

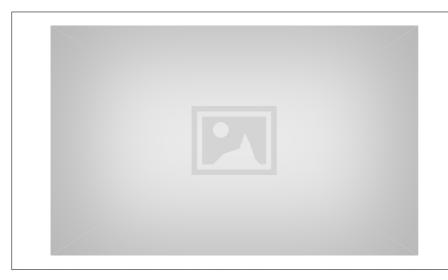
#### **Seaboard Foods**

## 229166 - Pork Rib St Louis Style 2.75 3# Frsh Dnr



4oz (112g)

Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. These spareribs are all natural with no additives and are minimally processed. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.



#### \* Benefits

Great for grilling or smoking USDA approved. 0 grams of trans fat per serving. Product of the USA.

Ingredients	A Allergens
Pork	Free From:  Scrustaceans shellfish shellfish mollusks  eggs fish shellfish peanuts  sesame soy tree nuts shellfish wheat

# **Nutrition Facts** Servings per Container 138

Amount per cerving

Serving size

Calories	280
%	Daily Value*
Total Fat 22g	34%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 19g	
	201
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

## **Handling Suggestions**

Keep refrigerated. May be frozen.

## Serving Suggestions

Slice and serve with dry rub seasons.

## Prep & Cooking Suggestions

Preheat oven to 350F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2-2 hours until tender. Let rest for 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

#### Product Specifications

Brand	Manufacturer
	SEABOARD FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
4330	229166	90736490043304	3	12/3# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
36.47lb	34.47lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.75in	12.88in	8.44in	1.49ft3	6x7	28DAYS	0°F / 32°F





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### Nutrition Analysis - By Measure

Calories	280	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	0g	Saturated Fat	9g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

