



3oz (85grams)

% Daily Value*

72

100

3%

1%

7%

6%

14%

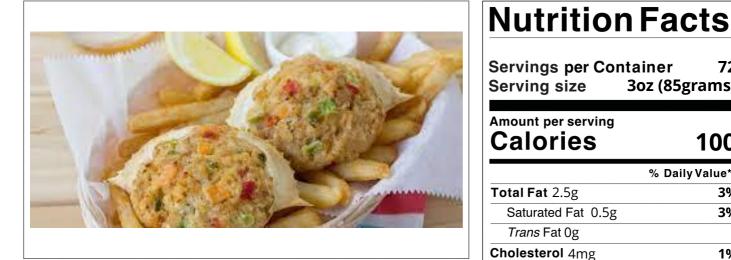
2%

0%

7%

4%

1%



Benefits

Ingredients

Allergens

water, bread crumbs [enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), wheat flour, sugar, sunflower oil, salt, yeast, dextrose, soybean oil], blue crabmeat, celery, dehydrated bell pepper, onion, worcestershire sauce (spices, anchovies, natural flavors -soy - tamarind extract), less than 2% of-peppers, vinegar, salt, spices, granulated garlic

Store frozen, shelf life 2 years. Expiration date is open coded above label on front of box.

Serving Suggestions

Handling Suggestions

Prep & Cooking Suggestions

Allow to thaw in cooler, then fry at 375 degrees F for about 7 minutes until medium brown.

Product Specifications

| Brand | Manufacturer | Product Category |
|------------|---------------------------|--------------------------|
| BON SECOUR | BON SECOUR FISHERIES, INC | Crab, Value Added, Other |

Saturated Fat 0.5g

Total Carbohydrate 16g

Includes 1g Added Sugar

a day is used for general nutrition advice.

* The % Daily Value (DV) tells you how much a nutrient in

a serving of food contributes to a daily diet. 2,000 calories

Trans Fat 0g

Sodium 150mg

Dietary Fiber 4g

Vitamin D 0mcg

Calcium 85mg

Potassium 30mg

Iron 0.8mg

Protein 5g

Total Sugars 2g

| MFG # | SPC# | GTIN | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 31650 | 231650 | 30080564316503 | | 72/3 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 14.5lb | 13.5lb | | No | No |

| Shipping Information | | | | | | | |
|----------------------|--------|--------|--------|-------|------------|----------------------|--|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To | |
| 17.8in | 14.5in | 7.2in | 1.08cf | 5x3 | 365days | 0 / 32 | |



BON SECOUR 231650 - Crab Stuffed 3 Oz



Nutrition Analysis

| Calories | 100 | Total Fat | 2.5g | Sodium | 150mg |
|---------------------|-----|---------------------|------|----------------|-------|
| Protein | 5 | Trans Fats | 0g | Calcium | 85mg |
| Total Carbohydrates | 16g | Saturated Fat | 0.5g | Iron | 0.8mg |
| Sugars | 2g | Added Sugars | 1g | Potassium | 30mg |
| Dietary Fiber | 4g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 4mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

| Additional Images | | |
|-------------------|--|--|
| | | |
| | | |
| | | |
| | | |
| | | |

