



MARY'S KITCHEN
246455 - **Beef Corned Hash S/O**
America's #1 Hash.



Nutrition Facts

Servings per Container 2
Serving size 1cup (236g)

Amount per serving
Calories 380

	% Daily Value*
Total Fat 24g	37%
Saturated Fat 10g	50%
Trans Fat 1.5g	
Cholesterol 60mg	20%
Sodium 970mg	42%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 1g Added Sugar	2%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Includes twelve 14 ounce cans of HORMEL MARY KITCHEN Corned Beef Hash; America's #1 selling hash (Based on latest 52 week IRI data.)
With 17 grams of protein per serving, this corned beef hash makes the perfect addition to recipes like egg muffins, potatoes, and more.
Fry up this corned beef hash to create a crisp and crunchy taste.
Made from a mix of tender corned beef chunks, diced potatoes, and savory seasonings, you can bring that classic restaurant taste of corned beef hash to your home.
Try our other hash varieties like Corned Beef Hash Reduced Sodium, Sausage Hash, and Roast Beef Hash.

Ingredients

Ingredients: Beef, Rehydrated Potatoes, Water, Contains 2% or less of Salt, Sugar, Flavoring, Spice, Sodium Nitrite.

Allergens

Free From:



Handling Suggestions

RECOMMENDED TEMPERATURE: 70F. MINIMUM TEMPERATURE: 40F. MAXIMUM TEMPERATURE: 90F. STORAGE: KEEP DRY AND COOL.

Serving Suggestions

Whether it's next to a sunny-side-up egg or wrapped in a breakfast burrito, this hash will awaken your taste buds.

Prep & Cooking Suggestions

As an ingredient or a center of the plate application.

Product Specifications

Brand	Manufacturer
MARY'S KITCHEN	HORMEL MEAT

MFG #	SPC #	GTIN	Pack	Pack Desc.
80794	246455	10037600807941	12	12/14 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.1lb	10.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
12in	9.1in	4.4in	0.28ft3	16x9	999DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	380	Total Fat	24g	Sodium	970mg
Protein	17	Trans Fats	1.5g	Calcium	0mg
Total Carbohydrates...	23g	Saturated Fat	10g	Iron	0mg
Sugars	1g	Added Sugars	1g	Potassium	0mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	60mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



INGREDIENTS: BEEF, REHYDRATED POTATOES, WATER, CONTAINS 2% OR LESS OF SALT, SUGAR, FLAVORING, SPICES, SODIUM NITRITE.