SEABOARD FARMS

269522 - **Pork Ground Chub**

Ground pork is a flavorful way to get essential nutrients. Great for sauting, grilling and frying. Fresh ground pork is a delicious addition to your favorite recipes that call for ground meat.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**60**
Serving size	**4.00OZ (112g)**
Amount per serving	
Calories	**260**
	% Daily Value*
Total Fat 20g	**30%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 75mg	**25%**
Sodium 60mg	**3%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 21g	
Vitamin D 0mcg	**0%**
Calcium 0mg	**0%**
Iron 0mg	**0%**
Potassium 0mg	**0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Great for making burgers and grilling.
Delicious addition or base ingredient to your favorite recipes.
Fresh and ready to cook.

Ingredients

Pork

Allergens

Free From:

crustaceans, shellfish, mollusks, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave.
Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.
Cook thoroughly.
Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Use as burger patties or brown and crumble for use in main dishes.

Prep & Cooking Suggestions

Ready to cook. Saut, brown or grill until internal temperature of 145 degrees F. Let rest 10 minutes.

Product Specifications

Brand	Manufacturer	Product Category
SEABOARD FARMS	SEABOARD FOODS	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
69522	269522	10736490695224	3	3/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.8lb	15lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
19.88in	10in	6.38in	0.73ft3	10x4	730DAYS	0°F / 32°F

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Nutrition Analysis - By Measure

Calories	260	Total Fat	20g	Sodium	60mg
Protein	21	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	0g	Saturated Fat	7g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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