

SEABOARD FARMS 269522 - Pork Ground Chub

Ground pork is a flavorful way to get essential nutrients. Great for sauting, grilling and frying. Fresh ground pork is a delicious addition to your favorite recipes that call for ground meat.



		Nutrition FactsServings per Container60Serving size4.000Z (112g)			
		Amount per serving Calories 260			
The second	and the second second	% Daily Value*			
		Total Fat 20g30%			
		Saturated Fat 7g 35%			
		Trans Fat 0g			
		Cholesterol 75mg 25%			
★ Benefits		Sodium 60mg 3%			
	1	Total Carbohydrate 0g 0%			
Great for making burgers a Delicious addition or base	ingredient to your favorite recipes.	Dietary Fiber 0g 0%			
Fresh and ready to cook.		Total Sugars 0g			
		Includes Added Sugar %			
Ingredients	Allergens	Protein 21g			
		Vitamin D 0mcg 0%			
Pork	Free From:	Calcium 0mg 0%			
	crustaceans 🛞 shellfish 🌘 mollusks	Iron 0mg 0%			
	🔘 eggs 🔊 fish 🕧 milk 🔇 peanuts	Potassium 0mg 0%			
	💮 sesame 🛞 soy 💮 tree nuts 🋞 wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Use as burger patties or brown and crumble for use in main dishes.

Prep & Cooking Suggestions

Ready to cook. Saut, brown or grill until internal temperature of 145 degrees F. Let rest 10 minutes.

Product Specifications

Brand		Manufacturer				Product Category		
SEABOARD FARMS		SEABOARD FOODS			Pork			
MFG	#	SPC #		GTIN			Pack	Pack Desc.
69527	/522	269522	2 10736490695279			3	3/5#	
Gross Weight Net Weig		ght Cou	nt Country of Origin		K	osher	Child Nutrition	
16.8	6.8lb 15lb USA				No			
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf Li	ife	Storage Temp From/To	
19.88in	10in	6.38in	0.73ft3	10x4	730DA	YS	'S 0°F / 32°F	





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Nutrition Analysis - By Measure

Calories	260	Total Fat	20g	Sodium	60mg
Protein	21	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat	7g	Iron	0mg
Sugars	Og	Added Sugars		Potassium	0mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



