SIMPLOT

296777 - **Avocado Diced**

Large, satisfying dices of rich Hass avocado; Consistent pricing, quality and availability all year; Elevate your menu and check average; Say goodbye to labor and waste; Satisfy patrons looking for healthy options

SGC FOODSERVICE

Benefits

Nutrition Facts

Servings per Container	**218**
Serving size	**22pcs(50g)**

Amount per serving

Calories **100**

	% Daily Value*
Total Fat 10g	**13%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 30mg	**1%**
Total Carbohydrate 3g	**1%**
Dietary Fiber 3g	**11%**
Total Sugars 0g	
Includes 0g Added Sugar	**0%**
Protein 1g	
Vitamin D 0mcg	**0%**
Calcium 10mg	**1%**
Iron 0.5mg	**3%**
Potassium 280mg	**6%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

AVOCADO, SALT, ASCORBIC ACID (TO MAINTAIN NATURAL COLOR), CITRIC ACID.

Allergens

Free From:

crustaceans, mollusks, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

Hold up to 18 months at -10 to 0 degrees F

Serving Suggestions

Popular across all dayparts as a topping or ingredient in salads, flatbreads, desserts, smoothies, sandwiches, burgers, condiments, Mexican dishes, cocktails, infused waters and more. Use as a replacement for butter and mayo to add the "super food" goodness your health-conscious customers love.

Prep & Cooking Suggestions

Food Safety Statement: KEEP FROZEN. DO NOT THAW IN MICROWAVE. FOR BEST QUALITY, THAW UNOPENED BAG IN 8-10 HOURS IN THE REFRIGERATOR (40F) IN SINGLE LAYER. OPEN BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED HALVES WITHIN 2 DAYS. BEST IF USED WITHIN 24 HOURS. ONCE THAWED, DO NOT REFREEZE.

Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Fruit, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
029410	296777	10071179029410	12	12/2#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
26lb	24lb	PER	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.88in	10.81in	9.29in	1.04ft3	9x1	0DAYS	0°F / 32°F

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Nutrition Analysis - By Serving

Calories	100	Total Fat	10g	Sodium	30mg
Protein	1	Trans Fats	0g	Calcium	10mg
Total Carbohydrates•••	3g	Saturated Fat	1.5g	Iron	0.5mg
Sugars	0g	Added Sugars	0g	Potassium	280mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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