SEABOARD FARMS

299333 - **Pork Chop Apple Smoked 9 Oz**

Seasoned with Smokey Apple Seasoning. Perfect for a quick meal or a more elaborate dinner party. Grill or pan fry and finish in the oven.

Nutrition Facts

Servings per Container	
Serving size	**4ozs**
Amount per serving	
Calories	**160**
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 3g	**15%**
Trans Fat 9g	
Cholesterol 65mg	**22%**
Sodium 910mg	**40%**
Total Carbohydrate 2g	**1%**
Dietary Fiber	**%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 19g	
Vitamin D	**%**
Calcium	**0%**
Iron 0mg	**0%**
Potassium	**%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Product of the USA
Seasoned with smokey apple seasoning.

Ingredients

Allergens

Free From:

crustaceans, shellfish, mollusks, eggs, fish, milk, peanuts, soy, tree nuts, wheat

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave.
Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.
Cook thoroughly.
Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Serve with a fresh green salad.

Prep & Cooking Suggestions

Ready to cook. Roast or grill until internal temperature of 155-160 degrees F. Let rest 10 minutes. Use a meat thermometer for best results.

Product Specifications

Brand	Manufacturer	Product Category
SEABOARD FARMS	SEABOARD FOODS	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
99362	299333	10886476993629	18	1/10#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.7lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15in	13.9in	4.2in	0.51ft3	10x5	365DAYS	0°F / 32°F

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Nutrition Analysis

Calories	160	Total Fat	9g	Sodium	910mg
Protein	19	Trans Fats	9g	Calcium	
Total Carbohydrates•••	2g	Saturated Fat	3g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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