



SMITHFIELD

313031 - Ham Steak Bone In Smoked F2 F Dnr

Tasty product and good source of protein



# Nutrition Facts

7 Servings Per Container

Serving size **30z (84g)**

Amount per serving  
**Calories 120**

% Daily Value\*

<b>Total Fat</b> 7 g	<b>11%</b>
Saturated Fat 2.5 g	<b>13%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 40 mg	<b>13%</b>
<b>Sodium</b> 950 mg	<b>41%</b>
<b>Total Carbohydrate</b> 2 g	<b>1%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 2 g	
Includes 2 g Added Sugar	<b>4%</b>
<b>Protein</b> 14 g	
Vitamin D 11.41 mcg	<b>57%</b>
Calcium 8.28 mg	<b>1%</b>
Iron 0.35 mg	<b>2%</b>
Potassium 170 mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

Great source of protein.

## Ingredients

Cured With: Water, Dextrose, Salt, Contains 2% or Less of Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Sodium Nitrite. May contain Potassium Chloride

## ⚠ Allergens

### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

## Handling Suggestions

Store as instructed on package.

## Serving Suggestions

Serve as desired.

## Prep & Cooking Suggestions

Prepare per package instructions.

## 📄 Product Specifications

Brand	Manufacturer
SMITHFIELD	SMITHFIELD/FARMLAND

MFG #	SPC #	GTIN	Pack	Pack Desc.
062510	313031	90070800062518		24/1.25#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31 lb	30 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.87 in	12.19 in	7.13 in	0.95 ft3	7x9	60 DAYS	0 °F / 32 °F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	7 g	Sodium	950 mg
Protein	14	Trans Fats	0 g	Calcium	8.28 mg
Total Carbohydrates...	2 g	Saturated Fat	2.5 g	Iron	0.35 mg
Sugars	2 g	Added Sugars	2 g	Potassium	170 mg
Dietary Fiber	0 g	Polyunsaturated Fat	1.5 g	Zinc	
Lactose		Monounsaturated Fat	3 g	Phosphorus	
Sucrose		Cholesterol	40 mg		
Vitamin A(U)	3.04	Vitamin D	11.41 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

