



# HIGHLAND MARKET

## 373531 - Beef Corned Hash Canned

Highland Market Corned Beef Hash is a breakfast classic made from lightly seasoned ground corned beef and diced potatoes. Perfect grilled up as patties, or on the side of any breakfast item you can think of. Highland Market Corned Beef Hash has corned beef as its first ingredient, is consistent from batch to batch, has better flavor, texture and fries up better than the national brands, and is shelf stable for easy storage. Each 108 oz. can has 13 single cup servings, for a total of 78 servings per case.



# Nutrition Facts

Servings per Container 13  
Serving size 1 cup (230g)

Amount per serving  
**Calories 490**

	% Daily Value*
<b>Total Fat</b> 31g	<b>40%</b>
Saturated Fat 13g	<b>65%</b>
Trans Fat 0g	
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 1560mg	<b>68%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 4g	
Includes 2g Added Sugar	<b>4%</b>
<b>Protein</b> 21g	
Vitamin D 0mcg	<b>0%</b>
Calcium 97mg	<b>7%</b>
Iron 3mg	<b>17%</b>
Potassium 461mg	<b>10%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Corned Beef (Beef, Salt, Sugar, Water, Sodium Nitrite), Water, Rehydrated Potato and Potato (Contains Sulfites), Dehydrated Onion, Salt, Sugar, Flavoring.

### ⚠ Allergens

#### Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

### Handling Suggestions

Dry storage: 50 to 80 degree temperature. Keep from freezing.

### Serving Suggestions

Use as a base for signature hash, in breakfast skillet, or serve on the side of breakfast items.

### Prep & Cooking Suggestions

Form corned beef hash into 4 oz. patties using a No.8 scoop. Grill at 350 F until patties are browned evenly on both sides.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
HIGHLAND MARKET	VANEE FOODS/UNIPRO	Beef

MFG #	SPC #	GTIN	Pack	Pack Desc.
690VS-HLM	373531	10018687000173	6	6/#10

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
42.5lb	40.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.75in	12.63in	7.25in	0.99ft3	8x7	0DAYS	40°F / 111°F



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### Nutrition Analysis - By Serving

Calories	490	Total Fat	31g	Sodium	1560mg
Protein	21	Trans Fats	0g	Calcium	97mg
Total Carbohydrates...	31g	Saturated Fat	13g	Iron	3mg
Sugars	4g	Added Sugars	2g	Potassium	461mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	90mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

