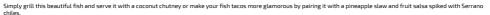


SEA BEST

414531 - Mahi Mahi Fillet Bnls Sknls 4 Oz









Benefits

Ingredients	▲ Allergens
MAHI MAHI. CONTAINS: FISH (MAHI MAHI).	Contains:

Nutrition Facts

Servings per Container 40 Serving size 1pc(113g/4oz)

Amount per serving Calories

0

Daiorics	U
% Da	ily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

KEEP FROZEN BELOW 0F. UNTIL READY TO USE.

Serving Suggestions

SERVE AS A MAIN ENTRE.

Prep & Cooking Suggestions

OVEN TEMPERATURES VARY. COOK TO AN INTERNAL TEMPERATURE OF 145F.; FROM THAWED, ALLOW 10 MINUTES OF COOKING TIME PER INCH OF THICKNESS AT; 350F UNTIL FISH FLAKES EASILY WHEN TESTED WITH A FORK.; FROM FROZEN, DOUBLE THE COOKING TIME.; FISH IS BEST WHEN THE FLESH HAS JUST TURNED OPAQUE AND IS STILL MOIST; THROUGHOUT.

Product Specifications

Brand	Manufacturer
SEA BEST	BEAVER STREET FISHERIES

MFG #	SPC #	GTIN	Pack	Pack Desc.
6217236	414531	00028029847840	1	1/10#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.2lb	10lb	ECU		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15in	10in	6.25in	0.54ft3	12x2	0DAYS	0°F / 32°F





SEA BEST

414531 - Mahi Mahi Fillet Bnls Sknls 4 Oz



Every restaurant seems a bit more exotic with mahi mahi on the menu. Caught on long-lines in the South Pacific, Trident Seafoods Mahi Mahi brings a taste of the tropics, with its meaty texture, mild sweet flavor, and large flake. Our boneless, skinless mahi mahi is portion-controlled and has the bloodline removed to yield a light pink color that turns a beautiful ivory when cooked.

Simply grill this beautiful fish and serve it with a coconut chutney or make your fish tacos more glamorous by pairing it with a pineapple slaw and fruit salsa spiked with Serrano chiles.

Nutrition Analysis - By Serving

Calories	0	Total Fat	0g	Sodium	0mg
Protein	0	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

0	Additional Images	

