



Nutrition Facts

Servings per Container 40
Serving size 4oz (113)

Amount per serving
Calories 100

% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 450mg	20%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 91mg	7%
Iron 0mg	0%
Potassium 282mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

This sweet, succulent shellfish will commandeer your cravings!

Ingredients

lobster

⚠ Allergens

Handling Suggestions

Keep frozen, do not refreeze.

Serving Suggestions

Serve as entree.

Prep & Cooking Suggestions

Cook until flesh is pearly and opaque.

📄 Product Specifications

Brand		Manufacturer		
BON SECOUR		BON SECOUR FISHERIES, INC		

MFG #	SPC #	GTIN	Pack	Pack Desc.
34495	430609	30080564344952		1/10#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.25lb	10lb			

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	10in	4in	0.37cf	1x1	0days	0 / 32



Nutrition Analysis

Calories	100	Total Fat	1g	Sodium	450mg
Protein	19	Trans Fats	0g	Calcium	91mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	282mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	95mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

 Additional Images

