GREAT AMERICAN

466812 - **Catfish Fillet 3 5 Imported**

Baked, broiled or fried these farm-raised catfish fillets are perfect for any recipe. The boneless, skinless, whole fillets are individually quick frozen.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**60**
Serving size	**4oz(112g)**
Amount per serving	
Calories	**135**
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 62mg	**21%**
Sodium 111mg	**5%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 17g	
Vitamin D 0.3mcg	**2%**
Calcium 9mg	**1%**
Iron 0.3mg	**2%**
Potassium 342mg	**7%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Individually Quick Frozen
Boneless
Skinless

Ingredients

Ingredients: Catfish, Water, Sodium Tripolyphosphate (to retain moisture).

Allergens

Contains:

fish

May Contain:

crustaceans

Handling Suggestions

KEEP FROZEN STORE AT OR BELOW 0F (-18C)

Serving Suggestions

Try it breaded, fried, and served over a bed of french fries.

Prep & Cooking Suggestions

Product Specifications

Brand	Manufacturer	Product Category
GREAT AMERICAN	GREAT AMERICAN SEAFOOD	Fish, Value Added & Further Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
14517	466812	00829944145178	1	1/15#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
17lb	15lb	CHN		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.5in	11.3in	7in	0.71INQ	10x7	0DAYS	0°F / 32°F

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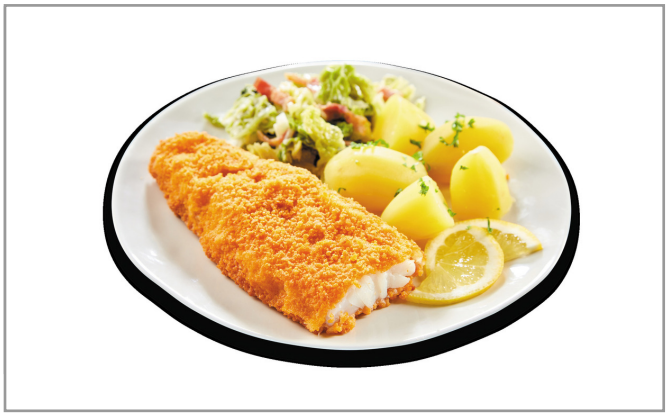
Nutrition Analysis - By Serving

Calories	135	Total Fat	7g	Sodium	111mg
Protein	17	Trans Fats	0g	Calcium	9mg
Total Carbohydrates•••	0g	Saturated Fat	1.5g	Iron	0.3mg
Sugars	0g	Added Sugars		Potassium	342mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	62mg		
Vitamin A(IU)•		Vitamin D	0.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



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