



Nutrition Facts

Serving Size: 54 g
Number of Servings per 144

Amount Per Serving

Calories: 150 **Calories from Fat:** 10

% Daily Value*

Total Fat	1.5 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	240 mg	10%
Total Carbohydrate	30 g	10%
Dietary Fiber	2 g	9%
Sugars	6 g	%
Protein	6 g	%

Vitamin A	Per Srv 0%	Vitamin C	Per Srv 0%
Calcium	4%	Iron	10%

*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			

Calories per gram

Fat	Carbohydrate	Protein
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* Benefits

This dark wheat 7" roll is a sweet alternative to other hoagie rolls. Fully baked, thaw and serve.

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, WHEAT BRAN, SUGAR CANE SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHOLE WHEAT, YELLOW CORN MEAL, CARAMEL COLOR (WITH SULFUR DIOXIDE), WHEAT GLUTEN, YEAST, SALT, SOYBEAN OIL, RYE FLOUR, HONEY, CALCIUM STEAROYL LACTYLATE, SODIUM STEAROYL LACTYLATE, MOLASSES, AZODICARBONAMIDE, CALCIUM IODATE, CALCIUM PEROXIDE, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

Serving Suggestions

Very popular table bread. Just warm and serve. Perfect for hot deli sandwich, Philly cheese steaks or cold salad sandwiches.

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

📄 Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	Flowers Foods Specialty	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
40002930	482278	10075361051319	6	72/3.8 OZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
19.1 LB	17.1 LB	No	US	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
25.25 in	14.88 in	10 in	2.17 cf	5x2	0 days	0°f / 32°f



Nutrition Analysis

Calories	150 KCAL	Total Fat	1.5 g	Sodium	240 mg
Protein	6 g	Trans Fats	0 g	Calcium	
Total Carbohydrates**	30 g	Saturated Fat	0 g	Iron	
Sugars	6 g	Polyunsaturated Fat		Potassium	
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

 Additional Images

