



**FLOWERS**

**482278 - Bread Hoagie Wheat Dark Sliced 7 Inch**

This dark wheat 7" roll is a sweet alternative to other hoagie rolls. Fully baked, thaw and serve.



**\* Benefits**

# Nutrition Facts

**Servings per Container** 144  
**Serving size** 54g

**Amount per serving**  
**Calories** 150

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 6g	
Includes Added Sugar	<b>%</b>

<b>Protein</b> 6g	
Vitamin D	<b>%</b>
Calcium	<b>4%</b>
Iron	<b>10%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, WHEAT BRAN, SUGAR CANE SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHOLE WHEAT, YELLOW CORN MEAL, CARAMEL COLOR (WITH SULFUR DIOXIDE), WHEAT GLUTEN, YEAST, SALT, SOYBEAN OIL, RYE FLOUR, HONEY, CALCIUM STEAROYL LACTYLATE, SODIUM STEAROYL LACTYLATE, MOLASSES, AZODICARBONAMIDE, CALCIUM IODATE, CALCIUM PEROXIDE, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

### Allergens

**Contains:**



**Free From:**



### Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

### Serving Suggestions

Very popular table bread. Just warm and serve. Perfect for hot deli sandwich, Philly cheese steaks or cold salad sandwiches.

### Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

### Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	FLOWERS FOODS SPECIALTY	Bread, Baked & Parbaked

MFG #	SPC #	GTIN	Pack	Pack Desc.
40002930	482278	10075361051319	6	72/3.8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19.1lb	17.1lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
25.25in	14.88in	10in	2.17ft3	5x2	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	150	Total Fat	1.5g	Sodium	240mg
Protein	6	Trans Fats	0g	Calcium	
Total Carbohydrates...	30g	Saturated Fat	0g	Iron	
Sugars	6g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

