



**FLOWERS**

**482280 - Bun Hamburger Seeded Sliced 5 Inch**

This 5" bun is our largest plain hamburger bun. Fully baked. Thaw and serve. Sliced.



**\* Benefits**

# Nutrition Facts

Servings per Container **512**  
Serving size **1RL (99g)**

Amount per serving  
**Calories 280**

	% Daily Value*
<b>Total Fat</b> 4.5g	<b>7%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 620mg	<b>27%</b>
<b>Total Carbohydrate</b> 49g	<b>18%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 6g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 10g	
Vitamin D	<b>%</b>
Calcium	<b>10%</b>
Iron	<b>15%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, SOYBEAN OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, WHEAT GLUTEN, ETHOXYLATED MONO- AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, MONOGLYCERIDES, CALCIUM PEROXIDE, AZODICARBONAMIDE, CALCIUM PROPIONATE (TO PRESERVE FRESHNESS), TOPPED WITH SESAME SEEDS.

### Allergens

**Contains:**



**Free From:**



### Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

### Serving Suggestions

Build your biggest burger on this 5" hamburger bun is make to hold up to loads of meat, cheese, veggies and condiments.

### Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

### Product Specifications

Brand	Manufacturer	Product Category
FLOWERS	FLOWERS FOODS SPECIALTY	

MFG #	SPC #	GTIN	Pack	Pack Desc.
40099690	482280	10075361011481	8	64/3.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16lb	14lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.13in	19.87in	8in	1.76ft3	4x3	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	280	Total Fat	4.5g	Sodium	620mg
Protein	10	Trans Fats	0g	Calcium	
Total Carbohydrates...	49g	Saturated Fat	1g	Iron	
Sugars	6g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

