



Flowers Foods Specialty

482297 - Bun Kaiser Corn Dust Slc 4" S/O

4" Hearth-baked corn dusted kaiser roll. White interior crumb. Great when heated for a crispy crust. Fully baked. Thaw and serve.



* Benefits

Nutrition Facts

Serving Size: 71

Number of Servings per 96

Amount Per Serving

Calories: 190

Calories from Fat: 15

% Daily Value*

Total Fat 1.5 g 2%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 290 mg 12%

Total Carbohydrate 38 g 13%

Dietary Fiber 1 g 6%

Sugars 2 g %

Protein 7 g %

Vitamin A	Per Srv	0%	Vitamin C	Per Srv	0%
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Calcium	4%	Iron	15%
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*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: YELLOW CORN MEAL, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SALT, RYE FLOUR, WHEAT GLUTEN, YEAST, DATEM, CALCIUM STEAROYL LACTYLATE, CALCIUM SULFATE, ENZYME, SOY LECITHIN, CALCIUM PROPIONATE (TO RETARD SPOILAGE)

Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish dairy
 peanuts tree nuts

Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 5-7 days.

Product Specifications

Serving Suggestions

4" Kaiser bun with cornmeal topping for upscale burgers, chicken, crab cakes, barbecue and more.

Brand	Manufacturer	Product Category
FLOWERS	Flowers Foods Specialty	Buns & Rolls

MFG #	SPC #	GTIN	Pack	Pack Desc.
40083290	482297	10075361010859	12	96/2.5 OZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17.5 lb	15 lb	No	USA	Yes	

Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve.

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
27.37 in	18.87 in	9.75 in	2.91 ft3	3x5	0 DAYS	0°F / 32°F



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Nutrition Analysis

Calories	190 kcal	Total Fat	1.5 g	Sodium	290 mg
Protein	7 g	Trans Fats	0 g	Calcium	
Total Carbohydrates***	38 g	Saturated Fat	0 g	Iron	
Sugars	2 g	Polyunsaturated Fat		Potassium	
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

