



PILLSBURY

483001 - Muffin Top Dough Blueberry Wg S/O

Pillsbury(TM) whole grain-rich muffin top batter is filled with juicy, whole blueberries and frozen in pre-portioned, easy freezer-to-oven format. No scooping required: just place, bake, and serve. Made without gelatin. Made with no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, CACFP eligible.



Nutrition Facts

Servings per Container 112
Serving size 1puck(59g)

Amount per serving
Calories 200

	% Daily Value*
Total Fat 10g	12%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 140mg	6%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 13g	
Includes 12g Added Sugar	24%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.9mg	5%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

WHOLE WHEAT FLOUR, SUGAR, PALM OIL, EGGS, WATER, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLUEBERRIES, LIQUID INVERT SUGAR. CONTAINS 2% OR LESS OF: SOYBEAN OIL, MODIFIED CORN STARCH, SODIUM ALUMINUM PHOSPHATE, BAKING SODA, SALT, SORBITAN MONOSTEARATE, NONFAT MILK, CELLULOSE GUM, XANTHAN GUM, LOCUST BEAN GUM, POLYSORBATE 60, CORN STARCH, MONO AND DIGLYCERIDES, NATURAL FLAVOR, MEDIUM CHAIN TRIGLYCERIDES.

Allergens

Contains:



Handling Suggestions

112 units, 2.1 oz pucks. ""Best if Used By" code date. Store in freezer 0 degrees F or colder.

Serving Suggestions

1 muffin puck

Prep & Cooking Suggestions

Place frozen muffin dough on a full parchment lined baking sheet (3x5). In a standard/reel oven, bake 15 muffin tops at 350F for 20-24 minutes. In a convection oven, bake 15 muffin tops at 300F for 17-21 minutes. Bake times will vary by oven type and quantity of product in oven. Muffin tops are done when center springs back when lightly touched. For easier removal of baked muffin tops, spray parchment paper with pan release before placing on baking sheet.

Product Specifications

Brand	Manufacturer
PILLSBURY	GENERAL MILLS-FROZEN

MFG #	SPC #	GTIN	Pack	Pack Desc.
111113000	483001	10094562111134	1	112/2.1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22.45lb	22.45lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.06in	12.31in	6.88in	0.64ft3	12x8	360DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	200	Total Fat	10g	Sodium	140mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	26g	Saturated Fat	4g	Iron	0.9mg
Sugars	13g	Added Sugars	12g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

