



PILLSBURY

# 483008 - Muffin Dough Blueberry Puck S/O

Frozen muffin batter with sweet, juicy blueberries blended throughout in a pre-portioned, easy freezer-to-oven format. No scooping required - just place, bake and serve.



## Nutrition Facts

Servings per Container 216  
Serving size 1Muffin(43g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 8g	<b>12%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 140mg	<b>6%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 10g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 2g	
Vitamin D	<b>%</b>
Calcium	<b>%</b>
Iron	<b>%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, WATER, EGGS, BLUEBERRIES. CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SOYBEAN OIL, MODIFIED WHEY, WHEAT PROTEIN ISOLATE, SODIUM ALUMINUM PHOSPHATE, VITAL WHEAT GLUTEN, BAKING SODA, SALT, CELLULOSE GUM, SORBITAN MONOSTEARATE, NONFAT MILK, XANTHAN GUM, LOCUST BEAN GUM, POLYSORBATE 60, CORN STARCH, MONO AND DIGLYCERIDES, NATURAL FLAVOR.

### Allergens

#### Contains:



### Handling Suggestions

Keep frozen. Muffin batter is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter wash hands and surfaces after handling

### Serving Suggestions

Suggested serving is one muffin. Great for coffee shops, bakeries and cafeterias. Consider adding nuts, sugar, streusel or icing drizzle to vary the offering.

### Prep & Cooking Suggestions

Place frozen muffin puck(s) in sprayed or paper lined muffin pans. Bake times will vary by oven type and oven load. (see case package for specific details) Muffins are done when center springs back when touched lightly.

### Product Specifications

Brand	Manufacturer
PILLSBURY	GENERAL MILLS-FROZEN

MFG #	SPC #	GTIN	Pack	Pack Desc.
131662000	483008	10094562316621	1	216/1.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22.45lb	20.25lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
22.45in	13.06in	6.87in	1.17ft3	12x4	360DAYS	0°F / 32°F



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## Nutrition Analysis - By Serving

Calories	150	Total Fat	8g	Sodium	140mg
Protein	2	Trans Fats	0g	Calcium	
Total Carbohydrates...	17g	Saturated Fat	4g	Iron	
Sugars	10g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

