



GREAT AMERICAN

487888 - Octopus Whole 2 4#

This octopus is wild caught in Spain. It comes whole and the mild sweet flavor combines well with most recipes.



Nutrition Facts

Servings per Container 160
Serving size 3oz(85g)

Amount per serving
Calories 35

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	115mg	38%
Sodium	70mg	3%
Total Carbohydrate	0g	0%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes Added Sugar		%
Protein	8g	
Vitamin D	0mcg	0%
Calcium	9mg	1%
Iron	1mg	6%
Potassium	19mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Wild Caught
Frozen
2-4 lbs

Ingredients

OCTOPUS

Allergens

Contains:



Handling Suggestions

KEEP FROZEN STORE AT OR BELOW OF (-18C)

Serving Suggestions

Prep & Cooking Suggestions

Must be cooked to a minimum internal temperature of 165F (74C).

Product Specifications

Brand	Manufacturer	Product Category
GREAT AMERICAN	GREAT AMERICAN SEAFOOD	Fish, Value Added & Further Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
14750	487888	00829944147509	1	1/30#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
33lb	30lb	ESP		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	12in	9in	11NQ	1x1	730DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	35	Total Fat	0g	Sodium	70mg
Protein	8	Trans Fats	0g	Calcium	9mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	1mg
Sugars	0g	Added Sugars		Potassium	19mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	115mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

