



PACKER

488210 - Seafood Medley

Mixed blend, fully cleaned and ready to cook and serve.



* Benefits

Nutrition Facts

Servings per Container 48
Serving size 4ozs (113g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 165mg	55%
Sodium 220mg	10%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 40mg	3%
Iron 3mg	17%
Potassium 280mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

INGREDIENTS: Squid, Cooked Mussels, Octopus, Shrimp, Salt, Sodium Tripolyphosphate.

Allergens

Contains:

crustaceans shellfish mollusks

Free From:

eggs fish milk peanuts
 sesame soy tree nuts wheat

Handling Suggestions

Keep frozen at 0 deg F (-18 deg C) until ready to use. After thawing do not refreeze.

Serving Suggestions

Seafood soups or stews. Ideal marinated for a seafood salad.

Prep & Cooking Suggestions

Pan Fry. Product is raw and intended to be fully cooked before consumption. Keep Frozen until ready to use. Once thawed do not refreeze

Product Specifications

Brand	Manufacturer	Product Category
PACKER	GREAT AMERICAN SEAFOOD	Seafood

MFG #	SPC #	GTIN	Pack	Pack Desc.
1903041	488210	10731149920535	12	12/1#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21lb	20lb	IDN		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
7.5in	10in	16in	0.69ft3	10x3	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	2g	Sodium	220mg
Protein	19	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	4g	Saturated Fat	0g	Iron	3mg
Sugars	0g	Added Sugars	0g	Potassium	280mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	165mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

