



PACKER

488212 - Halibut Fillet Center Cut 8 Oz

Halibut's firm texture and delicate flavor combines well with seasonings ranging mild to bold.



Nutrition Facts

Servings per Container 40
Serving size 4oz.(113g)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 22g	
Vitamin D 3mcg	15%
Calcium 19mg	1%
Iron 1mg	6%
Potassium 558mg	12%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

HALIBUT

Allergens

Contains:

crustaceans fish

Handling Suggestions

Product Specifications

Brand	Manufacturer	Product Category
PACKER	GREAT AMERICAN SEAFOOD	Fish, Commodity

Serving Suggestions

MFG #	SPC #	GTIN	Pack	Pack Desc.
12178	488212	00829944121783	1	1/10#

Prep & Cooking Suggestions

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12lb	10lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15in	10in	6.25in	0.54INQ	12x1	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	90	Total Fat	1g	Sodium	50mg
Protein	22	Trans Fats	0g	Calcium	19mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	1mg
Sugars	0g	Added Sugars		Potassium	558mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(U)		Vitamin D	3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

