



Nutrition Facts

Servings per Container10

Serving size16oz

Amount per serving

Calories159

% Daily Value*	
Total Fat 4.53g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 680mg	227%
Sodium 272mg	12%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 90.72g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

crawfish

 Allergens

Handling Suggestions

Keep frozen until used. Thaw under refrigeration immediately before use.

Serving Suggestions

Prep & Cooking Suggestions

 Product Specifications

Brand		Manufacturer				
BON SECOUR		BON SECOUR FISHERIES, INC				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
UNSNDCRFSH	488632	30080564319651		4/5#		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
22lb	20lb		No	No		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10in	10in	10in	0.58cf	1x1	365days	0 / 32



Nutrition Analysis

Calories	159	Total Fat	4.53g	Sodium	272mg
Protein	90.72	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	680mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

