

#### **GREAT AMERICAN**

### 488699 - Crawfish Whole Cooked U 15 Cnt

Our Crawfish are fully cooked then individually quick frozen for shipping. Comes seasoned and unseasoned for your preference. Simply heat and serve!



		Servings per Container	<b>Nutrition Facts</b> Servings per Container Serving size 22wholecrawfish (567g)		
		Amount per serving Calories	590		
			% Daily Value*		
		Total Fat 24g	31%		
		Saturated Fat 8g	40%		
		Trans Fat 0g			
		Cholesterol 760mg	253%		
🗱 Benefits		Sodium 4360mg	190%		
Coolicad		Total Carbohydrate 5g	2%		
Cooked Individually Quick Frozen		Dietary Fiber 0g	0%		
Whole		Total Sugars 0g			
		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein 90g			
		Vitamin D 0mcg	0%		
Ingredients: Crawfish. Salt, Chinese Red Pepper.	Contains:	Calcium 947mg	73%		
Chinese Keu repper.	(Second crustaceans	Iron 58mg	322%		
		Potassium 1148mg	24%		
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.			

#### Handling Suggestions

**KEEP FROZEN STORE AT OR** BELOW OF (-18C)

Serving Suggestions

Try in your favorite Crawfish Boil recipe

#### Prep & Cooking Suggestions

Rinse under cold running water and prepare in your favorite recipe.

### Product Specifications

Brand		Manufacturer			F	Product Category		
GREAT AMERICAN			GREAT AMERICAN SEAFOO			DD Shellfish, Other		
MFG :	#	SPC #		GTIN	N Pack		Pack Desc.	
1262	7	488699	0082	9944126	6276	2	2/5#	
Gross Weight Net Wei		ight Country of Origin		Origin	Kosher	Child Nutrition		
11	11lb 10		USA USA				No	
Shipping Information								
1	Width	Height	Volume	TIxHI	Shelf Lif	e Stor	Storage Temp From/To	
Length	main	incigine						





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Nutrition Analysis - By Serving

Calories	590	Total Fat	24g	Sodium	4360mg
Protein	90	Trans Fats	Og	Calcium	947mg
Total Carbohydrates…	5g	Saturated Fat	8g	Iron	58mg
Sugars	Og	Added Sugars	Og	Potassium	1148mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	760mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

