

# FLOWERS

## 528836 - Roll Dinner 100% Whole Wheat Wg

100% whole wheat dinner roll, 1.1 oz. Sweet wheaty flavor to this soft dinner roll.



		Nutrition Fa	cts			
		Servings per Container Serving size				
		Amount per serving Calories				
		% Da	aily Value*			
		Total Fat	%			
		Saturated Fat	%			
		Trans Fat				
		Cholesterol	%			
enefits		Sodium	%			
		Total Carbohydrate	%			
		Dietary Fiber	%			
		Total Sugars				
		Includes Added Sugar	%			
gredients	Allergens	Protein				
		Vitamin D	%			
		Calcium	% %			
		Iron Potassium	%			
		* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet. a day is used for general nutrition advice.	h a nutrient in			

#### Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 4-5 days.

#### Serving Suggestions

100% Whole Wheat - great schools & healthcare. Meal accompaniment roll; use for bread basket, buffets, side item.

## Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve. Can be warmed if desired.

## Product Specifications

Brand			Manufacturer					
FLOWERS			Flowers Foods, Inc.					
MFG	#	SPC #		GTIN			Pack	Pack Desc.
10522	940	528836	000	00075361014102		8		8 / 1 / cs
Gross W	/eight	t Net Weight Cou		untry of Origin		Kosher		Child Nutrition
269.2	2oz	20802	<u>z</u>	USA		Yes		No
Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf Li	ife	Storag	e Temp From/To
22.13in	17in	7.88in	1.72ft3	4x10	270DA	YS	-	10°F / 15°F





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### **Nutrition Analysis**

Calories	Total Fat	Sodium
Protein	Trans Fats	Calcium
Total Carbohydrates…	Saturated Fat	Iron
Sugars	Added Sugars	Potassium
Dietary Fiber	Polyunsaturated Fat	Zinc
Lactose	Monounsaturated Fat	Phosphorus
Sucrose	Cholesterol	
Vitamin A(IU)•	Vitamin D	Thiamin
Vitamin A(RE)	Vitamin E	Niacin
Vitamin C	Folate	Riboflavin
Magnesium	Vitamin B-6	Vitamin B-1 2•
Monosodium	Sulphites	Nitrates

### Additional Images



