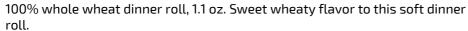


#### **FLOWERS**

#### 528836 - Roll Dinner 100% Whole Wheat







#### \* Benefits

Ingredients	Allergens
	Contains:  Soy wheat
	Free From:
	crustaceans eggs fish milk
	peanuts (iii) tree nuts

# **Nutrition Facts**

Servings per Container Serving size 1PC (31g)

# Amount per serving Calories

80

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
<b>Total Carbohydrate</b> 14g	5%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes Added Sugar	%
Protein 4g	_
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Product Category** 

### Handling Suggestions

Keep frozen until ready to use. Thaw overnight at room temperature. Shelf life at room temperature - 4-5 days.

### **Serving Suggestions**

100% Whole Wheat - great schools & healthcare. Meal accompaniment roll; use for bread basket, buffets, side item.

# Prep & Cooking Suggestions

Product is fully baked. Thaw overnight and serve. Can be warmed if desired.

# Propried

Brand

#### **Product Specifications**

FLOWERS	FLOWERS FO	OODS SPECIALTY	Bread, Bak	ked & Parbaked
MFG #	SPC #	GTIN	Pack	Pack Desc.
10522940	528836	00075361014102	8	192/1.1 OZ
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition

Manufacturer

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.83lb	13lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
22.12in	17in	7.87in	1.71ft3	4x3	270DAYS	0°F / 32°F





#### **FLOWERS**

# 528836 - Roll Dinner 100% Whole Wheat



100% whole wheat dinner roll, 1.1 oz. Sweet wheaty flavor to this soft dinner roll.

# **Nutrition Analysis**

Calories	80	Total Fat	1.5g	Sodium	140mg
Protein	4	Trans Fats	0g	Calcium	
Total Carbohydrates	14g	Saturated Fat	0g	Iron	
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

# Additional Images









