



Basic American Foods

675019 - Pasta Penne Lentil Gluten Free

Lentil Penne provides a plant-based protein food that also meets nearly all dietary restrictions and provides menu versatility through a wide variety of delicious sauce pairings. 21g of protein and 6g of fiber per 100g serving. Vegan, vegetarian, gluten free, and no artificial flavors, colors or preservatives. Yield 58, 4-oz servings per case (29 servings per pouch).



Nutrition Facts

Serving Size: 56 Grams
Number of Servings per 80

Amount Per Serving

Calories: 200 Calories from Fat: 0

% Daily Value*

Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total Carbohydrate	38 g	14%
Dietary Fiber	3 g	11%
Sugars	0.7 g	0%
Protein	12 g	%

Vitamin A Per Srv % **Vitamin C** Per Srv %

Calcium 0% **Iron** 15%

*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

* Benefits

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Ingredients

RED LENTIL FLOUR, WHITE RICE, PEA PROTEIN

⚠ Allergens

Free From:



Handling Suggestions

Store cool dry (less than 80 degrees F)

Serving Suggestions

Pair Lentil Penne with your favorite sauce or in your favorite recipe for a delicious meal your patrons will love and the nutrition their bodies need.

Prep & Cooking Suggestions

1: Add 1 bag pasta to boiling water. Reduce heat to medium-high, stir occasionally. 2: Cook 10-12 minutes. (to desired tenderness) 3: Drain, rinse. [Alternate] To Precook: 1: Add 1 bag boiling water. Reduce heat to medium-high, stir occasionally. 2: Cook 5-7 minutes. (to desired tenderness) 3: Drain, rinse. 4: Chill in ice water, drain. Refrigerate covered. Reheat. Tips: Blanch for 30-60 sec or steam in perforated pan on high for 1-2 mins; Hold hot at 145°F until service.

📄 Product Specifications

Brand	Manufacturer	Product Category
BASIC AMERICAN	Basic American Foods	Pasta & Noodles

MFG #	SPC #	GTIN	Pack	Pack Desc.
10847	675019	10011140108478		2/5#

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
10.6 lb	10 lb	No	US	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.18 in	9.43 in	6.61 in	0.48 Cubic foot	15x6	365 days	40°F / 111°F



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Nutrition Analysis

Calories	200 kcal	Total Fat	0 g	Sodium	0 mg
Protein	12 g	Trans Fats	0 g	Calcium	10 mg
Total Carbohydrates***	38 g	Saturated Fat	0 g	Iron	2.8 mg
Sugars	0.7 g	Polyunsaturated Fat		Potassium	370 mg
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)		Vitamin D	0.3 µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

