



**BASIC AMERICAN**

# 675019 - Pasta Penne Lentil Gf S/O

Yield: 14.5 LB prepared per case. Delicious pasta packed with protein. Made with 3 simple ingredients, a good source of protein and fiber, vegan/vegetarian and gluten free make it a fit for all diets and pasta lovers.



## Nutrition Facts

<b>Servings per Container</b>	<b>40</b>
<b>Serving size</b> 2oz(56g)Dry,About3/4cupPrepared	
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 38g	<b>14%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 0.7g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0.3mcg	<b>2%</b>
Calcium 10mg	<b>1%</b>
Iron 2.8mg	<b>16%</b>
Potassium 370mg	<b>8%</b>

### \* Benefits

Yield: 14.5 LB prepared per case, 58, 4-oz servings per case (29 servings per pouch).  
 Very Low Sodium \*Per 100g  
 Gluten Free  
 No artificial flavors, colors or preservatives  
 Vegan  
 Complete Protein - 21g Protein per 100g Portion

### Ingredients

RED LENTIL FLOUR, WHITE RICE, PEA PROTEIN

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

Store cool dry (less than 80 degrees F)

### Serving Suggestions

Lentil Penne works with your favorite sauce or in your favorite recipe similarly to traditional pasta and packs a protein punch.

### Prep & Cooking Suggestions

1: Add 1 bag pasta to boiling water in a 5 gallon pot. Reduce heat to medium-high, stir occasionally.  
 2: Cook 10-12 minutes. (to desired tenderness)  
 3: Drain, rinse.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
BASIC AMERICAN	Basic American Foods, Inc.	Dressings & Mayo

MFG #	SPC #	GTIN	Pack	Pack Desc.
10847	675019	10011140108478	2	2 / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.65lb	10lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.18in	9.43in	6.61in	0.48ft3	15x6	730DAYS	0°F / 80°F



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### Nutrition Analysis - By Serving

Calories	200	Total Fat	0g	Sodium	0mg
Protein	12	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	38g	Saturated Fat	0g	Iron	2.8mg
Sugars	0.7g	Added Sugars	0g	Potassium	370mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

