



FARMLAND

914297 - Ham Gold Medal Buffet Frzn F2 F



Nutrition Facts

Servings per Container 182
Serving size 2OZ (56g)

Amount per serving
Calories 60

	% Daily Value*
Total Fat 2g	%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 660mg	29%
Total Carbohydrate 2g	1%
Dietary Fiber	%
Total Sugars 2g	
Includes Added Sugar	%
Protein 7g	
Vitamin D	%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Great source of Protein

Ingredients

Cured with Water, Dextrose, Salt, Contains 2% or less of Potassium Lactate, Potassium Acetate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Store and use per package instruction.

Serving Suggestions

Serve as desired.

Prep & Cooking Suggestions

Prepare per package instructions.

Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	FARMLAND FOODS,INC.	Ham, Smoked or Cured (Carving)

MFG #	SPC #	GTIN	Pack	Pack Desc.
15594	914297	90070247155941	2	2/11# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
23.1LB	22LB	US		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.75in	13.62in	5.12in	0.64Cl	8x7	0days	0°f / 32°f



FARMLAND

914297 - Ham Gold Medal Buffet Frzn F2 F



Nutrition Analysis

Calories	60	Total Fat	2g	Sodium	660mg
Protein	7	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	2g	Saturated Fat	1g	Iron	0mg
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

