



FARMLAND

# 914502 - Ham Smoked Bnls Lean Nat Juice F2 F Dnr

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



## Nutrition Facts

Servings per Container 8.69  
Serving size 3oz. (84g)

Amount per serving  
**Calories 110**

% Daily Value\*

Total Fat	4.5g	7%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	45mg	15%
Sodium	850mg	37%
Total Carbohydrate	3g	1%
Dietary Fiber	0g	0%
Total Sugars	2g	
Includes 2g Added Sugar		4%

Protein	15g	
Vitamin D	14.38mcg	72%
Calcium	4.47mg	0%
Iron	0.68mg	4%
Potassium	430mg	9%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

### Ingredients

Cured With: Water, Contains 2% or Less of: Salt, Dextrose, Modified Food Starch, Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Store and use per package instructions.

### Serving Suggestions

Ham is the perfect holiday center piece or as a weekly meal, serve center of plate, with eggs, or as an addition to a grilled cheese sandwich

### Prep & Cooking Suggestions

Continue cooking until the bacon has turned brown and is slightly crispy, then remove from the pan. Allow the bacon to cool for a moment before serving.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	SMITHFIELD/FARMLAND	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
191727	914502	90070247191727	2	2/9# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19.95lb	18lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.13in	12in	5.5in	0.69ft3	8x8	100DAYS	0°F / 32°F



FARMLAND

# 914502 - Ham Smoked Bnls Lean Nat Juice F2 F Dnr

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



## Nutrition Analysis - By Serving

Calories	110	Total Fat	4.5g	Sodium	850mg
Protein	15	Trans Fats	0g	Calcium	4.47mg
Total Carbohydrates...	3g	Saturated Fat	1.5g	Iron	0.68mg
Sugars	2g	Added Sugars	2g	Potassium	430mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(U)		Vitamin D	14.38mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images



**Nutrition Facts**

Amount/Serving	% DV	Amount/Serving	% DV
Total Fat 1.5g	3%	Total Carb 0g	1%
Sat Fat 0.5g	3%	Fiber 0g	0%
Trans Fat 0g		Sugars 1g	
Cholest 35mg	11%	Protein 10g	
Sodium 580mg	24%		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%			

Serving Size 2.67 (66g)  
 Servings Per Container Varied  
 Calories 70  
 Fat Cal 15  
 Percent Daily Values (DV) are based on a 2,000 calorie diet.