



FARMLAND

# 914965 - Ham Buffet Flat Silver Medal Frzn F2 F

All Smithfield brands are driven by the love of meat ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head-turning menu ideas. Equally important - Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.



## Nutrition Facts

Servings per Container 30  
Serving size 3oz (84g)

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 910mg	<b>40%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 2g Added Sugar	<b>4%</b>
<b>Protein</b> 14g	
Vitamin D 0mcg	<b>0%</b>
Calcium 9mg	<b>1%</b>
Iron 0.63mg	<b>4%</b>
Potassium 160mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

### Ingredients

Cured With: Water, Salt, Dextrose, Sodium Phosphates, Potassium Lactate, Potassium Acetate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep refrigerated until use.

### Serving Suggestions

Ham is the perfect holiday center piece or as a weekly meal, serve center of plate, with eggs, or as an addition to a grilled cheese sandwich

### Prep & Cooking Suggestions

No preparation required.

### Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	FARMLAND FOODS,INC.	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
12841	914965	90070247128419	2	2/12# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
28lb	24lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.4in	14.2in	4.8in	0.73ft3	10x4	0DAYS	0°F / 32°F



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## Nutrition Analysis - By Serving

Calories	110	Total Fat	5g	Sodium	910mg
Protein	14	Trans Fats	0g	Calcium	9mg
Total Carbohydrates...	2g	Saturated Fat	1.5g	Iron	0.63mg
Sugars	2g	Added Sugars	2g	Potassium	160mg
Dietary Fiber	0g	Polyunsaturated Fat	0.5g	Zinc	
Lactose		Monounsaturated Fat	1.5g	Phosphorus	
Sucrose		Cholesterol	45mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

