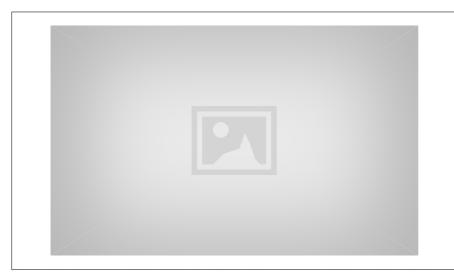
FARMLAND

916985 - Ham Cooked Sliced Water Added F2 F

Great source of protein.





* Benefits

Great source of protein.

Ingredients

Cured with water, dextrose,
contains 2% or less of trehalose,
potassium lactate, salt,
potassium chloride, rice flour,
potassium and sodium
phosphates, sodium diacetate,
sodium erythorbate, sodium
nitrite, smoke flavoring.

A Allergens

Free From:

(wheat



Nutrition Facts

Servings per Container 200 28gs (1oz) Serving size

Amount per serving Calories

30

%

0%

0%

%

	% Daily Value*		
Total Fat 1g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 15mg	5%		
Sodium 320mg	14%		
Total Carbohydrate 1g	0%		
Dietary Fiber 0g	0%		
Total Sugars 1g			
Includes Added Sugar	- %		
Protein 5g			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store and use per package instructions.

Serving Suggestions

Serve as desired.

Prep & Cooking Suggestions

Prepare per package instructions.



Product Specifications

Brand	Manufacturer	Product Category
FARMLAND	FARMLAND FOODS,INC.	Pork

Vitamin D

Iron 0mg

Potassium

Calcium 0mg

MFG #	SPC #	GTIN	Pack	Pack Desc.
129397	916985	10070247129397	4	4/3#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.85lb	12lb	USA		

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.94in	11.13in	4.19in	0.35INQ	12x3	180DAYS	0°F / 32°F





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Nutrition Analysis - By Serving

Calories	30	Total Fat	1g	Sodium	320mg
Protein	5	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	1g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)•	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images		