



SEABOARD FARMS

919147 - Pork Loin Whole Bnls Cap Off Fzn

Our all-natural boneless pork loin is the perfect fit for an at home chef that is looking to be creative in the kitchen. This all natural and minimally processed boneless loin is prepared to be baked, simmered and sauted with whatever seasonings you desire.



Nutrition Facts

Servings per Container 160  
Serving size 4oz (112g)

Amount per serving  
**Calories 170**

% Daily Value*	
Total Fat 9g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 22g	
Vitamin D	%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Product of the USA  
All Natural  
Minimally processed  
Gluten Free

Ingredients

Pork

⚠ Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated. May be frozen.

Serving Suggestions

Save any juice that is in the pan after cooking for a delicious au jus to pour over the sliced roast.

Prep & Cooking Suggestions

Preheat oven to 350 F. Remove from package and place uncovered roast lean side down in an oven-safe dish. Cook roast approximately 8-11 minutes per pound or until internal temperature reaches 145-160 F. For slicing ease, let the roast stand several minutes before slicing across the small end into 1/4" slices. Ovens vary. Adjust cooking time accordingly.

✎ Product Specifications

Brand	Manufacturer	Product Category
SEABOARD FARMS	SEABOARD FOODS	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
80143	919147	90736490801430	5	5/10# AVG

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
52lb	50lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
22.75in	15in	5in	0.99ft3	5x7	0DAYS	0°F / 32°F



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Nutrition Analysis - By Measure

Calories	170	Total Fat	9g	Sodium	50mg
Protein	22	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	3.5g	Iron	0mg
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

