

### **SEABOARD FARMS** 919159 - Pork Rib St Louis 3.5# Dn Frz Dnr

Pork St. Louis style spareribs are pre-trimmed to specifications to eliminate labor down the road. Our St. Louis style ribs have no pre-seasoning to allow for you to season, marinate and rub with your favorite flavors. These spareribs ribs are wholesome and great-tasting from the Prairie Fresh connected food system.



	Nutrition FactsServings per Container173Serving size40z (112g)			
		Amount per serving Calories	280	
		% Daily Value*		
		Total Fat 22g	34%	
		Saturated Fat 9g	45%	
		Trans Fat 0g		
		Cholesterol 65mg	22%	
<b>★</b> Benefits		Sodium 50mg	2%	
-		Total Carbohydrate Og	0%	
Great for grilling or smoking USDA approved.		Dietary Fiber 0g	0%	
0 grams of trans fat per serving.		Total Sugars 0g		
Product of the USA.		Includes Added Sugar	%	
Ingredients	Allergens	Protein 19g		
	Allergens			
Pork	Free From:	Vitamin D 0mcg	0%	
FUIK	(😴) crustaceans 🛞 shellfish 🌘 mollusks	Calcium 0mg	0%	
		Iron 0mg	0%	
	eggs ( fish ( ) milk ( ) peanuts	Potassium	%	
	↔ sesame 🛞 soy ∰ tree nuts 🏽 wheat	* The % Daily Value (DV) tells you how mu a serving of food contributes to a daily die a day is used for general nutrition advice.		

## Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

### Serving Suggestions

Slice and serve with dry rub seasons.

## Prep & Cooking Suggestions

Preheat oven to 350F. Roast ribs uncovered in a shallow pan. Bake for 1 1/2-2 hours until tender. Let rest for 5 minutes before slicing. Ovens vary. Adjust cooking time accordingly.

# Product Specifications

Brand				Manufacturer			
SEABOARD FARMS				SEABOARD FOODS			
MFG #	SPC -	#	GTI	N	Pack	Pack Desc.	
4254	919159		90736490042543		3	12/3.5#AVG	
Gross Weig	ht Net	Net Weight Country		y of Origin	Kosher	Child Nutrition	
44lb		42lb		USA		No	
Shinning Information							

	Shipping Information								
l	_ength	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To		
	0in	0in	0in	1.1ft3	6x7	0DAYS	0°F / 32°F		



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Nutrition Analysis - By Measure

Calories	280	Total Fat	22g	Sodium	50mg
Protein	19	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat 9g		Iron	0mg
Sugars	Og	Added Sugars			
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol 65mg			
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6	Vitamin B-1 2•		
Monosodium		Sulphites		Nitrates	

## Additional Images



