

SEABOARD FARMS

925414 - Pork Neck Bones Gas Flushed Frz

Pork neckbones have a small amount of meat on them, but when simmered for a few hours, they add rich flavor to broths and sauces. Pork neckbones has seen a resurgence in the culinary world.



		Nutrition FactsServings per Container120Serving size100gram		
		Amount per serving Calories	182	
		% Daily Value*		
all s		Total Fat 8g	%	
and and		Saturated Fat 3g	15%	
		Trans Fat		
		Cholesterol 68mg	23%	
★ Benefits		Sodium 666mg	29%	
		Total Carbohydrate Og	0%	
Product of the USA USDA inspected		Dietary Fiber 0g	0%	
Perfect for soups		Total Sugars 0g		
		Includes Added Sugar	%	
Ingredients	Allergens	Protein 26g		
_		- Vitamin D 1mcg	5%	
Pork	Free From:	Calcium 14mg	1%	
	crustaceans () shellfish () mollusks	Iron 1mg	6%	
	🔘 eggs 🐑 fish 👔 milk 🔇 peanuts	Potassium 337mg	7%	
	↔ sesame () soy () tree nuts () wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Handling Suggestions

Keep refrigerated or frozen. Thaw in refrigerator or microwave. Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. Cook thoroughly. Keep hot foods hot. Refrigerate leftovers immediately or discard.

Serving Suggestions

Neck bone soup.

Prep & Cooking Suggestions

Rinse neckbones and place in a large pot. Season with salt and pepper. Cover the bones with 2-3 inches of water or until they are covered. Boil the water for 15 minutes. Skim the foam off of the top. Simmer the neckbones for an hour. Add vegetable and garlic to the pot once the pork is cooked. Cook the vegetables on low heat for approximately 20 minutes. Serve warm with rice.

Product Specifications

24.5in

12in

7.69in

1.31ft3

Brand			Manufacturer			
SEABOARD FARMS			SEABOARD FOODS			
MFG #	SPC #	GTIN		Pack	Pack Desc.	
05414	925414	10736490054144		1	1/30# AVG	
Gross Weig	nt Net Weig	Net Weight Countr		Kosher	Child Nutrition	
31.87lb	30lb		USA		No	
Shipping Information						
Length Wi	dth Height	Volume TI	TlxHI Shelf Life Storage Temp From/To			

6x3

28DAYS



0°F / 32°F



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Nutrition Analysis - By Measure

Calories	182	Total Fat	8g	Sodium	666mg
Protein	26	Trans Fats		Calcium	14mg
Total Carbohydrates…	Og	Saturated Fat	3g	Iron	1mg
Sugars	Og	Added Sugars		Potassium	337mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	68mg		
Vitamin A(IU)•		Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



