



Nutrition Facts

Servings per Container

Serving size2/3cup (21g)

Amount per serving

Calories80

	% Daily Value*
Total Fat 0.5 g	%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 310 mg	13%
Total Carbohydrate 18 g	7%
Dietary Fiber	%
Total Sugars 0 g	
Includes Added Sugar	%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium	2%
Iron 0 mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

⚠ Allergens

Contains:



soy

Free From:



crustaceans



eggs



fish



milk



peanuts



sesame



tree nuts



wheat

Handling Suggestions

📝 Product Specifications

Serving Suggestions

Prep & Cooking Suggestions

Brand		Manufacturer				
Idahoan		Idahoan Foods, LLC				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
2970020816	19462	10029700208162		6/2.25 lbs		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
15.62 lb	13.5 lb	USA		No		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.5 in	11.75 in	8.25 in	0.98 ft3	8x5	365 DAYS	32 °F / 80 °F



Nutrition Analysis

Calories	80	Total Fat	0.5 g	Sodium	310 mg
Protein	2	Trans Fats	0 g	Calcium	
Total Carbohydrates...	18 g	Saturated Fat	0 g	Iron	0 mg
Sugars	0 g	Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)•	0	Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

 Additional Images

