



A. Zerega's Sons, Inc.
62490 - **Pasta Shell Small**
Made from 100% Durum Semolina.



Nutrition Facts

Servings per Container 160
Serving size 56g (2oz)

Amount per serving
Calories 200

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 41g	15%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes Added Sugar	%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 10mg	56%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

"Shells" or "seashells" is a type of pasta that is usually of the plain durum wheat variety and in various sizes - typically ridged outside with a smooth interior. The shell shape of the pasta allows the sauce to adhere to it better than most other pasta shapes. Excellent with lighter sauces such as a light tomato, or Arrabiata, as well as with chunkier vegetables where they may be cradled in the shell's cavity making for easier eating. Less than a half inch wide, it is ideal for soups & mac'n'cheese.

Ingredients

SEMOLINA (WHEAT), NIACIN,
IRON (FERROUS SULFATE),
THIAMIN MONONITRATE,
RIBOFLAVIN AND FOLIC ACID

Allergens

Contains:

wheat

May Contain:

eggs

Free From:

crustaceans fish milk peanuts
 sesame soy tree nuts

Handling Suggestions

Dry storage between 55 - 95 F.

Serving Suggestions

Whether its ladled with a classic sauce, baked to perfection or your favorite pasta salad, your recipe options are boundless.

Prep & Cooking Suggestions

Use 4-6 quarts of water per 1 lb. of pasta. Bring to rolling boil and add pasta. Stir vigorously 15 seconds and cook to the recommended cook time. Drain pasta into prepared ice bath. rinse with cold water and shake dry. Add vegetable oil to coat. Pasta can be stored up to 24 hours under refrigerated conditions.

Product Specifications

Brand	Manufacturer
Cortona	A. Zerega's Sons, Inc.

MFG #	SPC #	GTIN	Pack	Pack Desc.
9322-COR	62490	10080366812186	1	2/10 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
20.09lb	20lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.25in	12.38in	7.5in	0.98ft3	8x6	730DAYS	50°F / 80°F



Nutrition Analysis - By Serving

Calories	200	Total Fat	1g	Sodium	0mg
Protein	7	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	41g	Saturated Fat	0g	Iron	10mg
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

