# Hanover 1019500 - Black Beans

These rich, flavorful beans are high in protein and fiber. Black beans are served in soups, chili and salads or as a side dish.





### \* Benefits

Ingredients	▲ Allergens
Prepared Beans, Water, Salt, Calcium Chloride and Ferrous Gluconate	Free From:  Specifical control of the control of th

# **Nutrition Facts**

Servings per Container 144 130g Serving size

Amount per serving Colorias

Calories	120
% D	aily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat	
Cholesterol	%
Sodium 130mg	6%
Total Carbohydrate 21g	8%
Dietary Fiber 6g	21%
Total Sugars 0g	
Includes Added Sugar	%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 40mg	3%
Iron 5mg	28%
Potassium 360mg	8%
* The % Daily Value (DV) tells you how mu	ch a nutrient in

a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Handling Suggestions

Store at normal temperatures. Protect from extreme heat and extreme cold.

## **Serving Suggestions**

130 g

## Prep & Cooking Suggestions

As Drained

# Product Specifications

Brand	Manufacturer		
Hanover	HANOVER FOODS CORPORATION		

MFG #	SPC #	GTIN	Pack	Pack Desc.
2880016210	1019500	40028800162108	6	6/6/cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
47.5lb	41.25lb	USA	Yes	No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
18.88in	12.69in	7.19in	1721.43INQ	8x7	1095DAYS	40°F / 90°F	





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# **Nutrition Analysis - By Serving**

Calories	120	Total Fat	1g	Sodium	130mg
Protein	8	Trans Fats		Calcium	40mg
Total Carbohydrates	21g	Saturated Fat	0.5g	Iron	5mg
Sugars	0g	Added Sugars		Potassium	360mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	_

# Additional Images









